

TRI-VALLEY MIDDLE SCHOOL 2022-2023 Menu

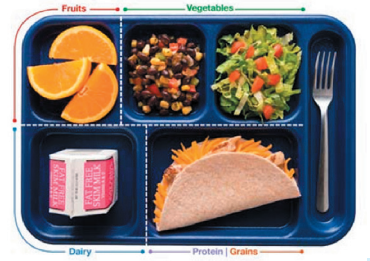


MENU #1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MENU #1	Pork Rib Sandwich Baked Potato Pickles Fruit Milk	Chicken Tenders Bread Slice, Margarine California Carrot Blend Fruit Milk	Taco Meat, Cheese Tostitos Great Northern Beans Romaine Salad Mix Fruit Milk	Sausage Link French Toast Hash Browns 100% Juice Fruit Milk	Pizza Green Beans Fruit Milk
	Soft Pretzel w/Cheese Cup Chili Soup Goldfish Cracker Carrot Snax Fruit Milk	Grilled Cheese Sandwich Broccoli Fruit Milk	Popcorn Chicken Whipped Potatoes Corn Dinner Roll Fruit Milk	Pasta & Meat Sauce Bread Slice Romaine Salad Mix Fruit Milk	Pizza Mixed Vegetables Fruit Milk
	Chicken Patty Sandwich Sweet Potato Fries Fruit Milk	Taco Meat, Cheese Tostitos Great Northern Beans Romaine Salad Mix Fruit Milk	Hamburger on Bun Baked Fries Pickles Fruit Milk	Popcorn Chicken Fresh Veggies Dinner Roll Fruit Milk	Pizza Broccoli Fruit Milk
	Chicken Nuggets Dinner Roll, Margarine Green Beans Fruit Milk	Mac & Cheese Cornbread Pinto Beans Carrot Snax Fruit Milk	Pizza Sweet Potatoes Fruit Milk	Popcorn Chicken Whipped Potatoes Corn Dinner Roll Fruit Milk	Pizza Romaine Salad Mix Garbanzo Beans Fruit Milk

LUNCH PRICES
 Middle School:
 \$2.35/ Reduced \$.40
 Extra Milk: \$.30

BREAKFAST:
 \$1.25/ Reduced \$.30

Menu is subject to change!



- Breakfast is offered each day and includes a variety of hot/cold items, juice/milk.
- A peanut butter or yogurt meal alternative is offered daily and includes a serving of fruit, vegetable, grain and milk.
- Parents are encouraged to prepay meals with cash, check or online with PaySchools Central using Debit/CC. <https://payschoolscentral.com/>
- PaySchools mobile app can be found on the Apple App Store or Google Play.
- Information on the daily menu or meal account balances, call (740)754-4050, Option 6.
- Free & Reduced applications are available at any school office or the school district website. For more information, please call the food service department at (740) 754-1442.

www.tvschools.org

Follow the menu with its calendar day. Each week is represented by a color and represents a 4-week cycle menu.

This institution is an equal opportunity provider.

AUGUST 2022	SEPTEMBER 2022	OCTOBER 2022	NOVEMBER 2022	DECEMBER 2022	JANUARY 2023	FEBRUARY 2023	MARCH 2023	APRIL 2023	MAY 2023
S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S
1 2 3 4 5 6	1 2 3	2 3 4 5 6 7 8	1 2 3 4 5	1 2 3	1 2 3 4 5 6 7	1 2 3 4	1 2 3 4	1	1 2 3 4 5 6
7 8 9 10 11 12 13	4 5 6 7 8 9 10	9 10 11 12 13 14 15	6 7 8 9 10 11 12	4 5 6 7 8 9 10	8 9 10 11 12 13 14	5 6 7 8 9 10 11	5 6 7 8 9 10 11	2 3 4 5 6 7 8	7 8 9 10 11 12 13
14 15 16 17 18 19 20	11 12 13 14 15 16 17	16 17 18 19 20 21 22	13 14 15 16 17 18 19	11 12 13 14 15 16 17	15 16 17 18 19 20 21	12 13 14 15 16 17 18	12 13 14 15 16 17 18	9 10 11 12 13 14 15	14 15 16 17 18 19 20
21 22 23 24 25 26 27	18 19 20 21 22 23 24	23 24 25 26 27 28 29	20 21 22 23 24 25 26	18 19 20 21 22 23 24	22 23 24 25 26 27 28	19 20 21 22 23 24 25	19 20 21 22 23 24 25	16 17 18 19 20 21 22	21 22 23 24 25 26 27
28 29 30 31	25 26 27 28 29 30	30 31	27 28 29 30	25 26 27 28 29 30 31	29 30 31	26 27 28	26 27 28 29 30 31	23 24 25 26 27 28 29	28 29 30 31