

# TRI-VALLEY MIDDLE SCHOOL 2018-2019 Menu



<b>MENU #1</b>	<b>MONDAY</b> Pork Rib Sandwich Great Northern Beans Pickles Fruit Milk	<b>TUESDAY</b> Chicken Tenders Bread Slice, Margarine California Carrot Blend Fruit Milk	<b>WEDNESDAY</b> Taco Meat, Cheese Fritos Refried Beans Romaine Salad Mix Fruit Milk	<b>THURSDAY</b> Sausage Link French Toast Hash Browns 100% Juice Fruit Milk	<b>FRIDAY</b> Pepperoni Pizza Green Beans Fruit Milk
	<b>MONDAY</b> Soft Pretzel w/Cheese Cup Chili Soup Goldfish Cracker Carrot Snax Fruit Milk	<b>TUESDAY</b> Ham & Cheese Sandwich Baked Beans Fruit Milk	<b>WEDNESDAY</b> Popcorn Chicken Whipped Potatoes Corn Dinner Roll Fruit Milk	<b>THURSDAY</b> Pasta & Meat Sauce Breadstick Mixed Vegetables Fruit Milk	<b>FRIDAY</b> Pizza Stick w/Dipping Sauce Cheese Stick Broccoli Fruit Milk
	<b>MONDAY</b> Chicken Patty Sandwich Sweet Potato Fries Fruit Milk	<b>TUESDAY</b> Taco Meat, Cheese Tostitos Refried Beans Great Northern Beans Carrot Snax Fruit Milk	<b>WEDNESDAY</b> Cheeseburger on Bun Baked Fries Pickles Fruit Milk	<b>THURSDAY</b> Chipotle Burrito Stir Fry Veggies Fruit Milk	<b>FRIDAY</b> Pepperoni Pizza Broccoli Fruit Milk
	<b>MONDAY</b> Chicken Nuggets Dinner Roll, Margarine Green Beans Fruit Milk	<b>TUESDAY</b> Mac & Cheese Cornbread Pinto Beans Carrot Snax Fruit Milk	<b>WEDNESDAY</b> Meatloaf Sandwich Sweet Potatoes Fruit Milk	<b>THURSDAY</b> Popcorn Chicken Whipped Potatoes Corn Dinner Roll Fruit Milk	<b>FRIDAY</b> Pizza Stick w/Dipping Sauce Romaine Salad Mix Cheese Garbanzo Beans Fruit Milk

**LUNCH PRICES**  
Middle School:  
\$2.35/ Reduced \$0.40  
Extra Milk: \$0.30

**BREAKFAST:**  
\$1.25/ Reduced \$0.30  
*Menu is subject to change!*



- Breakfast is offered each day and includes a variety of hot/cold items, juice/milk.
- A peanut butter or yogurt meal alternative is offered daily and includes a serving of fruit, vegetable, grain and milk.
- Parents are encouraged to prepay meals with cash, check or online with EZPay. Meal account balances are available through EZPay. ([www.spseipay.com/tri-valley](http://www.spseipay.com/tri-valley))
- Information on the daily menu or meal account balances, call (740)754-4050, Option 6.
- Free & Reduced applications are available at any school office or the school district website. For more information, please call the food service department at (740)754-1442.



Follow the menu with its calendar day. Each week is represented by a color and represents a 4-week cycle menu.

This institution is an equal opportunity provider.

[www.tvschools.org](http://www.tvschools.org)

AUGUST 2018	SEPTEMBER 2018	OCTOBER 2018	NOVEMBER 2018	DECEMBER 2018	JANUARY 2019	FEBRUARY 2019	MARCH 2019	APRIL 2019	MAY 2019
S M T W T F S 1 2 3 4	S M T W T F S 1	S M T W T F S 1 2 3 4 5 6	S M T W T F S 1 2 3	S M T W T F S 1	S M T W T F S 1 2 3 4 5	S M T W T F S 1 2	S M T W T F S 1 2	S M T W T F S 1 2 3 4 5 6	S M T W T F S 1 2 3 4
5 6 7 8 9 10 11	2 3 4 5 6 7 8	7 8 9 10 11 12 13	4 5 6 7 8 9 10	2 3 4 5 6 7 8	6 7 8 9 10 11 12	3 4 5 6 7 8 9	3 4 5 6 7 8 9	7 8 9 10 11 12 13	5 6 7 8 9 10 11
12 13 14 15 16 17 18	9 10 11 12 13 14 15	14 15 16 17 18 19 20	11 12 13 14 15 16 17	9 10 11 12 13 14 15	13 14 15 16 17 18 19	10 11 12 13 14 15 16	10 11 12 13 14 15 16	14 15 16 17 18 19 20	12 13 14 15 16 17 18
19 20 21 22 23 24 25	16 17 18 19 20 21 22	21 22 23 24 25 26 27	18 19 20 21 22 23 24	16 17 18 19 20 21 22	20 21 22 23 24 25 26	17 18 19 20 21 22 23	17 18 19 20 21 22 23	21 22 23 24 25 26 27	19 20 21 22 23 24 25
26 27 28 29 30 31	23 24 25 26 27 28 29	28 29 30 31	25 26 27 28 29 30	23 24 25 26 27 28 29	27 28 29 30 31	24 25 26 27 28	24 25 26 27 28 29 30	28 29 30	26 27 28 29 30 31